

Rouse Hill Public School

Anti-bullying Plan 2018

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Rouse Hill Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1. School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1. Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Term 1	Behaviour code for students; Participate in National Day of Action against Bullying
Term 2	Behaviour expectations; Assembly reminders; Peer Support; SEL to encourage positive behaviour
Term 3	Police visit cyber safety; Assembly reminders; Peer Support; Child Protection lessons; SEL
Term 4	Stage meeting - behaviour expectations; Reminders at stage fortnightly assemblies of school expectations

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Term 1-3	Kidsmatter and You Can Do It! staff workshops
Term 1-4	Professional learning around choice theory

1.3. New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

Classroom behaviour expectations are clearly displayed in every classroom including library, computer lab

Casual folders are provided with student profiles and school/expectations

Stage supervisors follow up with red slips if needed

New staff participate in induction meetings with member of leadership team regarding DoE policies including wellbeing framework, bullying of students - prevention and response policy along with school procedures and expectations including PBL, choice theory and anti-bullying plan.

The Principal/Deputy Principal completes induction with new executive staff when they enter on duty at the school

2. Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1. Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

School Anti-bullying Plan NSW Anti-bullying website Behaviour Code for Students

2.2. Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topics
Term 1	Parent handout distributed during learning goal meetings includes anti-bullying & wellbeing information
Term 1	Cyberbullying Police Workshop
Terms 1-4	School website school App and/or school newsletter inform anti-bullying procedures

3. Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

All classes at Rouse Hill Public School share and discuss stories/books about bullying; teach social and emotional learning lessons (including but not limited to Kids Matter, You Can Do It, Choice Theory); display visuals to promote respectful interactions and discourage bullying; encourage students who feel mistreated or bullied to speak to their teacher or a trusted adult about the problem; engage in lessons specifically about anti-bullying; participate in the National Day of Action against bullying and in class lessons on this agenda; learn the Positive Behaviour for Learning expectations of 'Be Safe, Be Respectful, Be a Learner'. Lessons are explicitly taught to students around these core rules. Buddy bench is used by students who do not have anyone to play with. Peer support programs take place to establish friendships across all grades. Wellbeing journals will be introduced in 2019 for students 1-6.

Completed by: Larissa Maraga

Position: Deputy Principal

Signature:  Date: 26.10.18

Principal name: Alison Filipic

Signature:  Date: 26.10.18